IT IS THE RESPONSIBILITY OF THE USER ORGANISATION TO PROVIDE THE IDENTITY CARD AND TO FILL IN THE DETAILS REQUIRED

THE IDENTITY CARD SHOULD BE FILLED IN BEFORE THE FIRST USE BY A COMPETENT PERSON, RESPONSIBLE INTHE USER ORGANIZATION FOR PROTECTIVE EQUIPMENT.
ANY INFORMATION ABOUT THE EQUIPMENT LIKE PERIODIC INSPECTIONS, REPAIRS, REASONS OF EQUIPMENT'S WITHDRAWN FROM USE SHALL BE NOTED INTO THE IDENTITY CARD BY A COMPETENT PERSON.

THE IDENTITY CARD SHOULD BE STORAGED DURING A WHOLE PERIOD OF EQUIPMENT UTILIZATION.

DO NOT USE THE EQUIPMENT WITHOUT THE IDENTITY CARD.

ALL RECORDS IN THE IDENTITY CARD CAN BE FILLED IN ONLY BY A COMPETENT PERSON.

		ITY CARD		
MODEL AND TYPE	OF EQUIPMENT			
	REF. NUMBER			
SERIAL NUMBER		DATE OF MANUF.		
USER NAME				
		DATE OF PUTTING INTO OPERATION		
DATE OF PURCHA	SE			

PERIODIC EXAMINATION AND REPAIR HISTORY							
	DATE	REASON FOR ENTRY PERIODIC EXAMINATION OR REPAIR	DEFECTS NOTED, REPAIRS CARRIED OUT AND OTHER REVELANT INFORMATIONS	NAME AND SIGNATURE OF COMPETENT PERSON	PERIODIC EXAMINATION NEXT DUE DATE		
1							
2							
3							
4							

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Notified body, at which the European certification was lissued and which supervises the production of the equipment:

APAVE SUDEUROPE SAS - 8 rue Jean-Jacques Vernazza CS-60193 - 13322 MARSEILLE Cedex 16, France - No. 0

## Instruction Manual



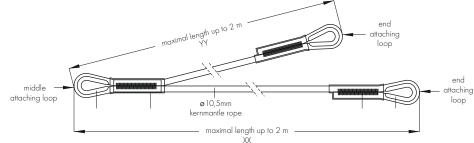
**C** € 0082 EN 354:2010 Ref. LB 102 XX YY

SAFETY LB 102

Double safety lanyard lb 102 is a component of personal protective equipment against falls from a height and complies with EN 354.

#### **BASIC EQUIPMENT**

The lanyard LB 102 is made of ø 10,5mm kernmantle rope. The ends of the lanyard are sewn making the connecting loops equipped with thimbles. The lanyard connected with a certified (according EN 355) energy absorber and connected to a certified safety harness (according EN 361) and then attached to a certified anchor point (according EN 795) can be used as a basic personal protective system against falls from a height.



#### ATTENTION!

Double safety lanyard LB 102 can be equipped only with certified (according to EN 362) snap hooks.

### **PERIODIC INSPECTIONS**

The device must be inspected at least once every 12 months from the date of first use. Periodic inspections must only be carried out by a competent person who has the knowledge and training required for personal protective equipment periodic inspections. Depending upon the type and environment of work, inspections may be needed to be carried out more frequently than once every 12 months. Every periodic inspection must be recorded in the Identity Card of the equipment.

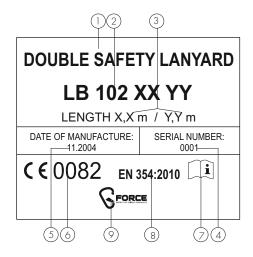
### **MAXIMUM LIFESPAN OF THE EQUIPMENT**

The maximum lifespan of the device is 10 years from the date of manufacture. The device must be withdrawn from use immediately and destroyed when it has been used to arrest a fall or it fails to pass inspection or there are any doubt as to its reliability.

**ATTENTION**: The lifetime of the device depends on the intensity of usage and the environment of use. Using the device in rough environment, marine environment, contact with sharp edges, exposure to extreme temperatures or agressive substances, etc. can lead to the withdrawal from use even after one use.

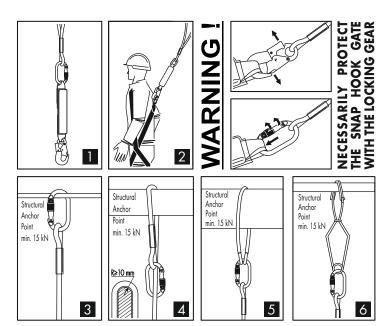
## **CONTENT OF THE IDENTITY LABEL**

- 1. type of the device
- 2. reference number of the device\*
- 3. lengths of the lanyard
- 4. number of the manufacturing series
- 5. month/year of the device manufacture
- 6. CE marking with identity number of the notified body controlling manufacturing of the equipment (the article 11)
- 7. caution: read the manual
- 8. number/year of the European standard
- 9. name of the manufacturer or distributor
- \*) XX / YY- code of lengths for example: XX=15 - length 1,5 m YY=20 - length 2,0 m



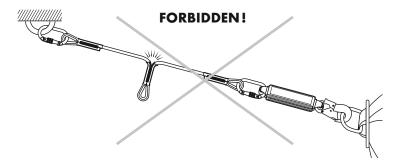
# CONNECTING THE LANYARD IN THE FALL ARREST SYSTEM

- Connect the snap hook of middle attaching loop to the energy absorber (conformed to EN355) -[ 1]
- Attach the energy absorber with the lanyard to the attaching point of full body harness (conformed to EN 361) [2]
- Connect one snap hook of end attaching loop to the structural anchor point of resistance min. 15 kN (conformed to EN 795)
- directly [3],[4]
- with a connector [4], [5]



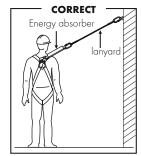
THE TOTAL I FINGTH OF ENERGY ABSORBER IN CONNECTION WITH LANYARD SHALL NOT EXCEED 2 M - ACCORDING TO FN 354 AND FN 355.

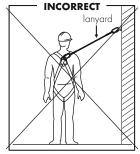
WARNING: It is strictly forbidden to attach one of the snap hook of end attaching loop of the lanyard LB 102 to the energy absorber and then to attach the snap hook of second one end attaching loop to a structural anchor point. See drawing below.



# The double safety lanyard LB 102 without the energy absorber is not a fall protection.

It is strictly forbidden to connect the harness attaching buckle to the structural anchor point with the lanyard without the energy absorber, see the drawings.

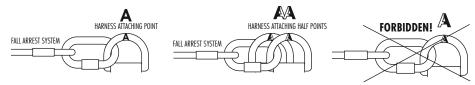




## Read carefully before use the equipment

### THE ESSENTIAL PRINCIPLES FOR USERS OF PERSONAL PROTECTIVE EQUIPMENT AGAINST FALLS FROM A HEIGHT

- personal protective equipment shall only be used by a person trained and competent in its safe use.
- . personal protective equipment must not be used by a person with medical condition that could affect the safety of the equipment user in normal and emergency use.
- a rescue plan shall be in place to deal with any emergencies that could arise during the work.
- it is forbidden to make any alterations or additions to the equipment without the manufacturer's prior written consent.
- any repair shall only be carried out by equipment manufacturer or his certified representative.
- personal protective equipment shall not be used outside its limitations, or for any purpose other than that for which it is intended.
- personal protective equipment should be a personal issue item.
- before use ensure about the compatibility of items of equipment assembled into a fall arrest system. Periodically check connecting and adjusting of the equipment components to avoid accidental lossening or disconnecting of the components.
- . it is forbidden to use combinations of items of equipment in which the safe function of any one item is affected by or interferes with the safe function of another.
- before each use of personal protective equipment it is obligatory to carry out a pre-use check of the equipment, to ensure that it is in a serviceable condition and operates correctly before it is used.
- during pre-use check it is necessary to inspect all elements of the equipment in respect of any damages, excessive wear, corrosion, abrasion, cutting or incorrect acting, especially take into consideration:
  - in full body harnesses and belts buckles, adjusting elements, attaching points, webbings, seams, loops;
  - in energy absorbers attaching loops, webbing, seams, casing, connectors;
  - in textile lanyards or lifelines or guidelines rope, loops, thimbles, connectors, adjusting element, splices;
  - in steel lanyards or lifelines or guidelines cable, wires, clips, ferrules, loops, thimbles, connectors, adjusting elements;
  - in retractable fall arresters cable or webbing, retractor and brake proper acting, casing, energy absorber, connector;
  - in guided type fall arresters body of the fall arrester, sliding function, locking gear acting, rivets and screws, connector, energy absorber;
  - in connectors main body, rivets, gate, locking gear acting.
- after every12 months of utilization, personal protective equipment must be withdrawn from use to carry out periodical detailed inspection. The periodic inspection must be carried out by
  a competent person for periodic inspection. The periodic inspection can be carried out also by the manufacturer or his authorized representative.
   In case of some types of the complex equipment e.g. some types of retractable fall arresters the annual inspection can be carried out only by the manufacturer or his authorized representative.
- regular periodic inspections are the essential for equipment maintenance and the safety of the users which depends upon the continued efficiency and durability of the equipment.
- during periodic inspection it is necessary to check the legibility of the equipment marking.
- it is essential for the safety of the user that if the product is re-sold outside the original country of destination the reseller shall provide instructions for use, for maintenance, for periodic examination and for repair in language of the country in which the product is to be used.
- personal protective equipment must be withdrawn from use immediately when any doubt arise about its condition for safe use and not used again until confirmed in writing by equipment manufacturer
  or his representative after carried out the detailed inspection.
- personal protective equipment must be withdrawn from use immediately and destroyed (or another procedures shall be introduced according detailed instruction from equipment manual) when it have been used to arrest a fall:
- a full body harness is the only acceptable body holding device that can be used in a fall arrest system.
- in full body harmess use only attaching points marked with big letter "A" to attach a fall arrest system. Marking like "A/2" or a half of "A" means the necessity of attaching a fall arrest system to both attaching points together simultaneously. It is strictly forbidden to attach a fall arrest system to the single attaching point marked "A/2" or a half of "A". See drawings below:



- the anchor device or anchor point for the fall arrest system should always be positioned, and the work carried out in such a way, as to minimise both the potential for falls and potential for listance.
   The anchor device/point should be placed above the position of the user. The shape and construction of the anchor device/point shall not allowed to self-acting disconnection of the equipment.
   Minimal static strenath of the anchor device/point is 15 kN. It is recommended to use certified and marked structural anchor point complied with EN795.
- it is obligatory to verify the free space required beneath the user at the workplace before each occasion of use the fall arrest system, so that, in the case of a fall, there will be no collision with the around or other obstacle in the fall north. The required value of the free space should be taken from instruction manual of used equipment.
- there are many hazards that may affect the performance of the equipment and corresponding safety precautions that have to be observed during equipment utilization, especially:

   trailing or looping of lanyards or lifelines over sharp edges,
  - any defects like cutting, abrasion, corrosion,
  - climatic exposure,
  - pendulum falls.
  - extremes of temperature,
  - chemical reagents,
  - electrical conductivity.
- personal protective equipment must be transported in the package (e.g.: bag made of moisture-proof textile or foil bag or cases made of steel or plastic) to protect it against damage or moisture.
- the equipment can be cleaned without causing adverse effect on the materials in the manufacture of the equipment. For textile products use mild detergents for delicate fabrics, wash by hand or in a
  machine and rinse in water. Plastic parts can be cleaned only with water. When the equipment becomes wet, either from being in use or when due cleaning, it shall be allowed to dry naturally, and shall
  be kept away from direct heat. In metallic products some mechanic parts (spring, pin, hinge, etc.) can be regularly slipitorated to ensure better operation.
   Other maintenance and cleaning procedures should be adhered to detailed instructions stated in the manual of the equipment.
- personal protective equipment should be stored loosely packed, in a well-ventilated place, protected from direct light, ultraviolet degradation, damp environment, sharp edges, extreme temperatures and corrosive or aggressive substances.

