

Operating Instructions

Mobile man anchor IM-100

Catalogue no.: IM 100

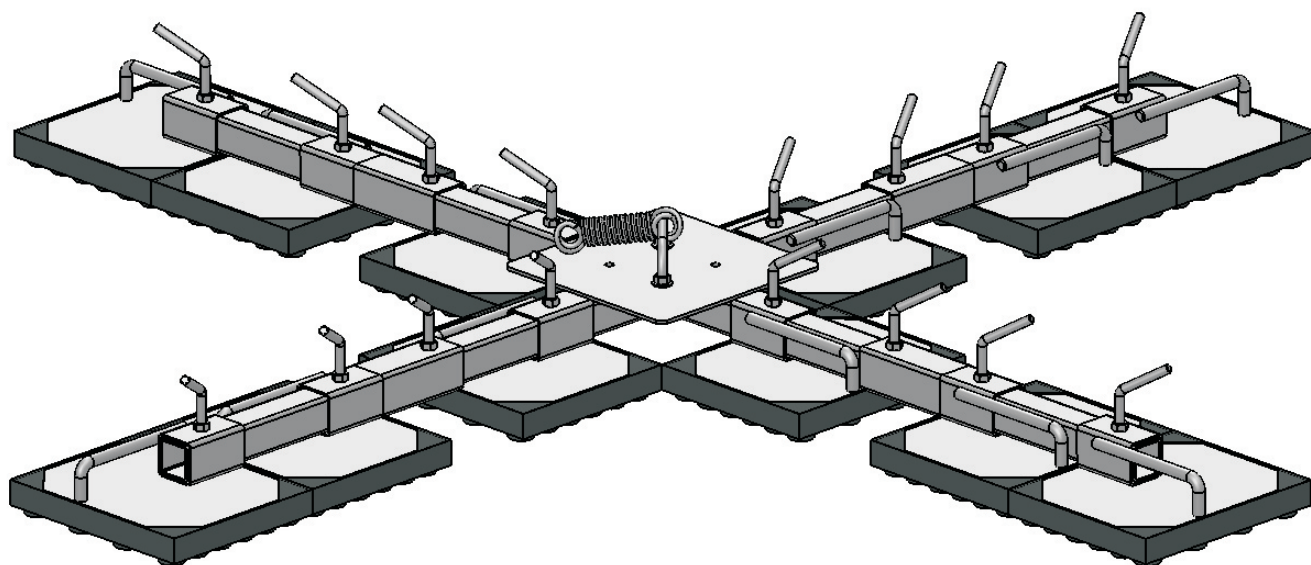


Table of contents

1. Mobile man anchor description.....3

2. Mobile man anchor construction.....4

3. Mobile man anchor technical data.....5

4. Mobile man anchor installation.....6

5. Description of mobile man anchor marking.....7

6. General rules for the use of mobile man anchor.....8

7. Mobile man anchor operation sheet.....9

1. Mobile man anchor description.

The IM 100 mobile man anchor is designed as a portable, folding anchor point according to PN-EN 795 class E. this device provides safety to workers operating at height, e.g. flat roof edges. The mobile man anchor makes it possible to quickly set up a steady and safe anchor point for individual fall arrest equipment. Upon the completion of the scheduled works the mobile man anchor can be disassembled and transferred to another location or put aside until its next use.

The device's modular construction enables it to be installed and taken down without the necessity to use cranes, hoists or any special equipment. The weight of individual components is selected in such a manner that it complies with the regulations (the weight of an individual component cannot exceed 28kg) and it can be moved using human strength.

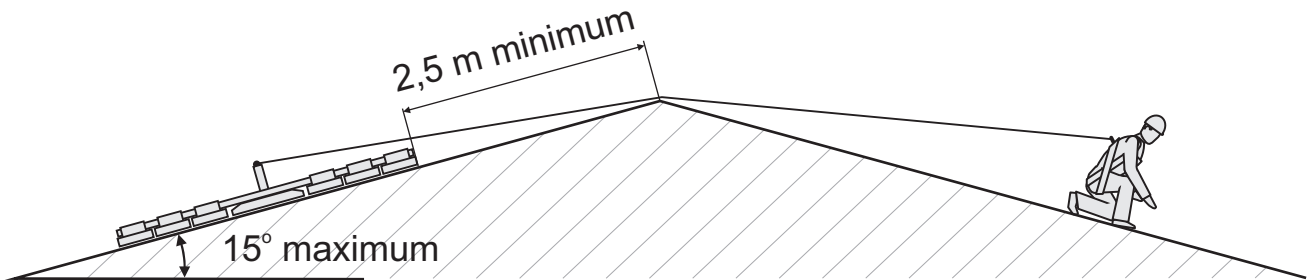
The IM 100 mobile man anchor components are made of rubber and steel. All steel components are made of stainless steel or they are protected from adverse weather conditions by hot-deep galvanizing, which guarantees up to 50 years' durability.

The IM 100 mobile man anchor can be used on such surfaces, as:
tar board
PVC membrane
concrete

with angle of inclination **not exceeding 5°**.

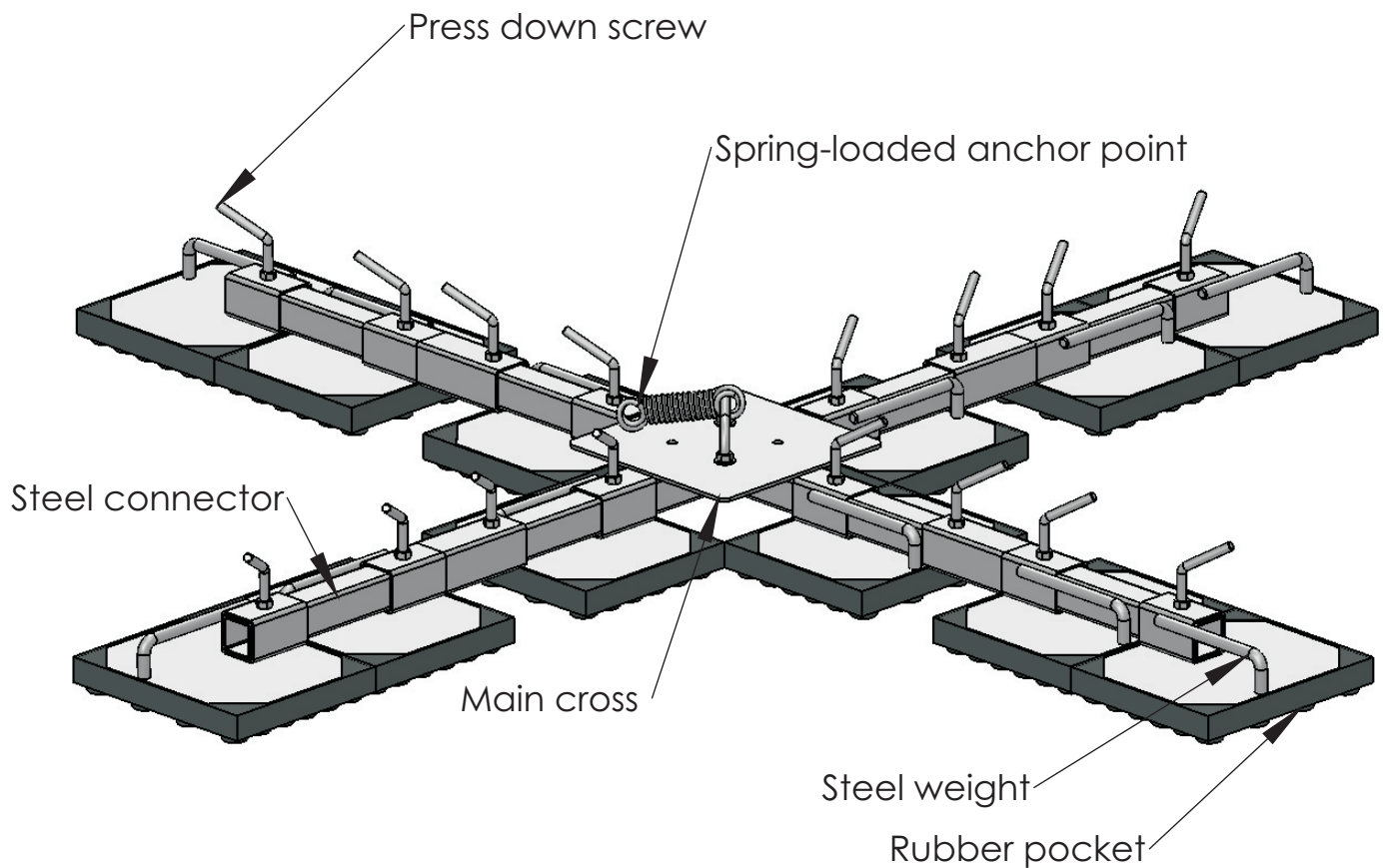
Adequately large space used by the device makes it possible to optimally distribute the weight on the surface (e.g. roof), which minimizes the influence of weight on its construction.

It is forbidden to use mobile man anchor on snow- or ice-covered surfaces!!!



When used on steel cladded roofs up to 15 ° pitch always place the Mobile Man Anchor on the opposite pitch to the one you are working on. Always position the Mobile Man Anchor a minimum of 2.5m from the ridge on the opposite pitch. When working on the verge detail remember to position the Mobile Man Anchor at least 2.5m from the verge and only work opposite the Mobile Man Anchor in order to avoid the pendulum effect down the facade of the building.

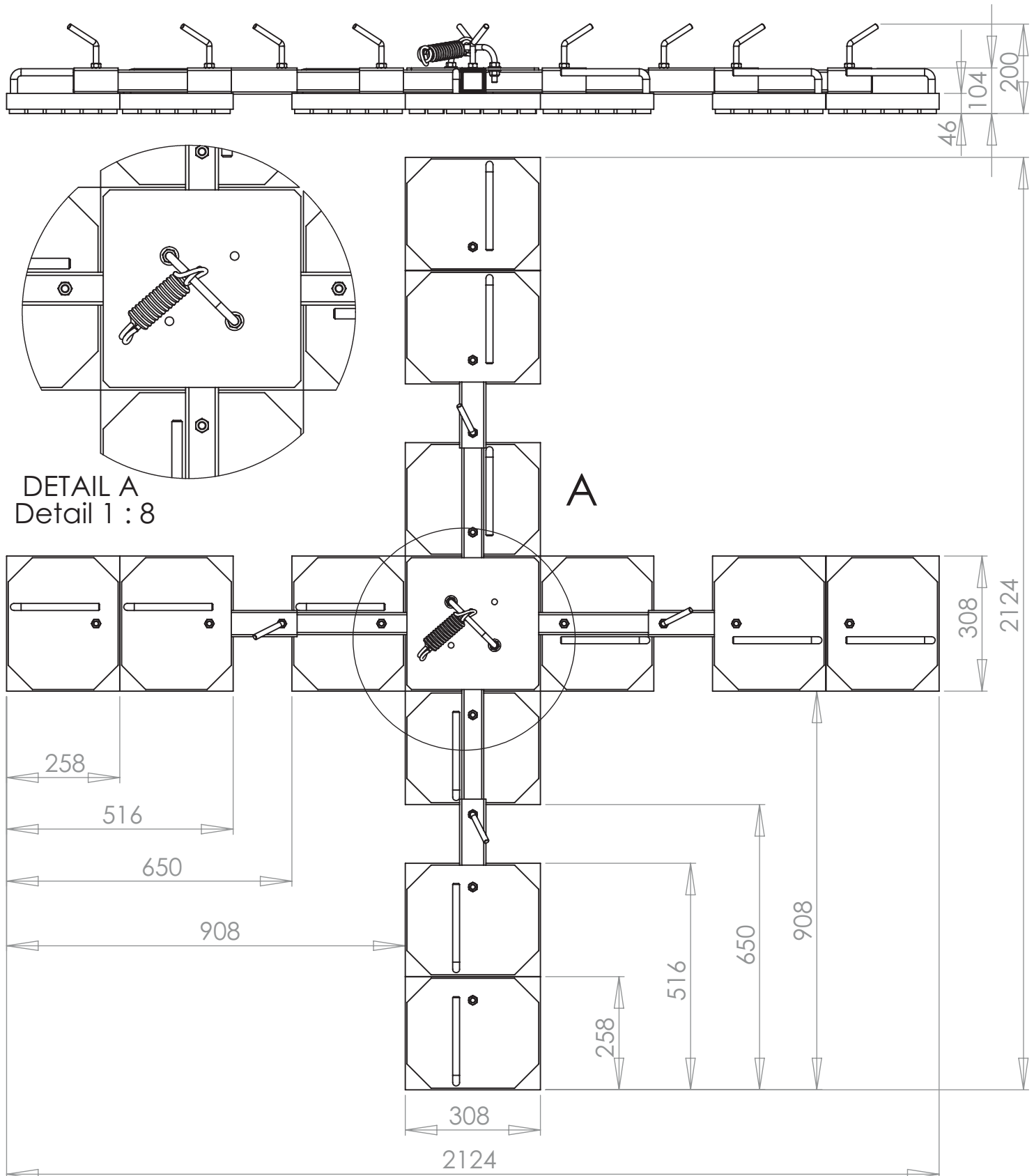
2. Mobile man anchor construction.



- **Spring-loaded anchor point** - 1 piece, enables the connection of individual equipment to the mobile man anchor:
 - a. safety harness according to EN 361
 - b. a coupler/energy absorber in the form of:
 - lifeline fitted with an energy absorber according to EN 354/355
 - self-locking device according to EN 353-2
 - self-locking device according to EN 360
 - couplers (snap hooks) according to EN 362
- **Steel weight** - 12 pieces, single weight (1 of 12), provided with **rubber pocket**, to be set on the ground, equipped with grip to transmit .
- **Rubber pocket** - 12 pieces, pocket is made of special mix of rubbers that resists influence of UV radiation. Pocket increase adhesion to the surface.
- **Main cross** - 1 piece, cross made of hot deep galvanized steel, it is base for **spring-loaded anchor point** (set for good), it is also base for connection (with use of **steel connector**) with z **steel weights**.
- **Steel connector** - 4 pieces, connectors enable to connect **steel weights** with **main cross**, made of hot-deep galvanized steel.
- **Press down screw** - 12 pieces, protect **steel weights** from slide down from **steel connectors** and **main cross**.

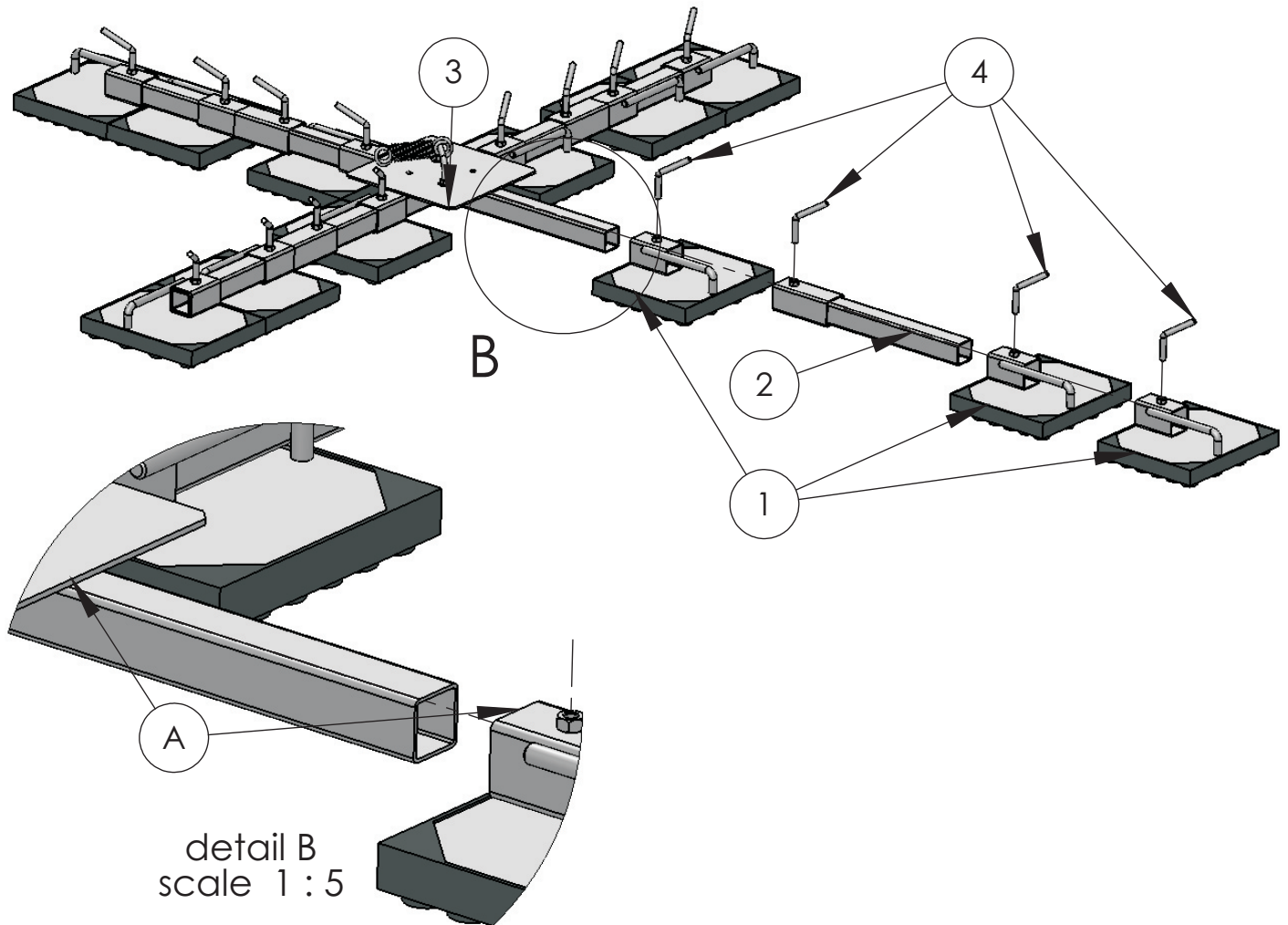
3. Mobile man anchor technical data.

- **measurements** - according to the drawing below



- **number of people working simultaneously** - 1 person
- **total weight** - 260kg +/- 2kg
- **main structure** - steel, hot deep galvanized steel
- **main weights** - made of steel, provided with rubber pocket (UV resistant rubber mixture)
- **connecting elements** - zinc-plated steel

4. Mobile man anchor installation.



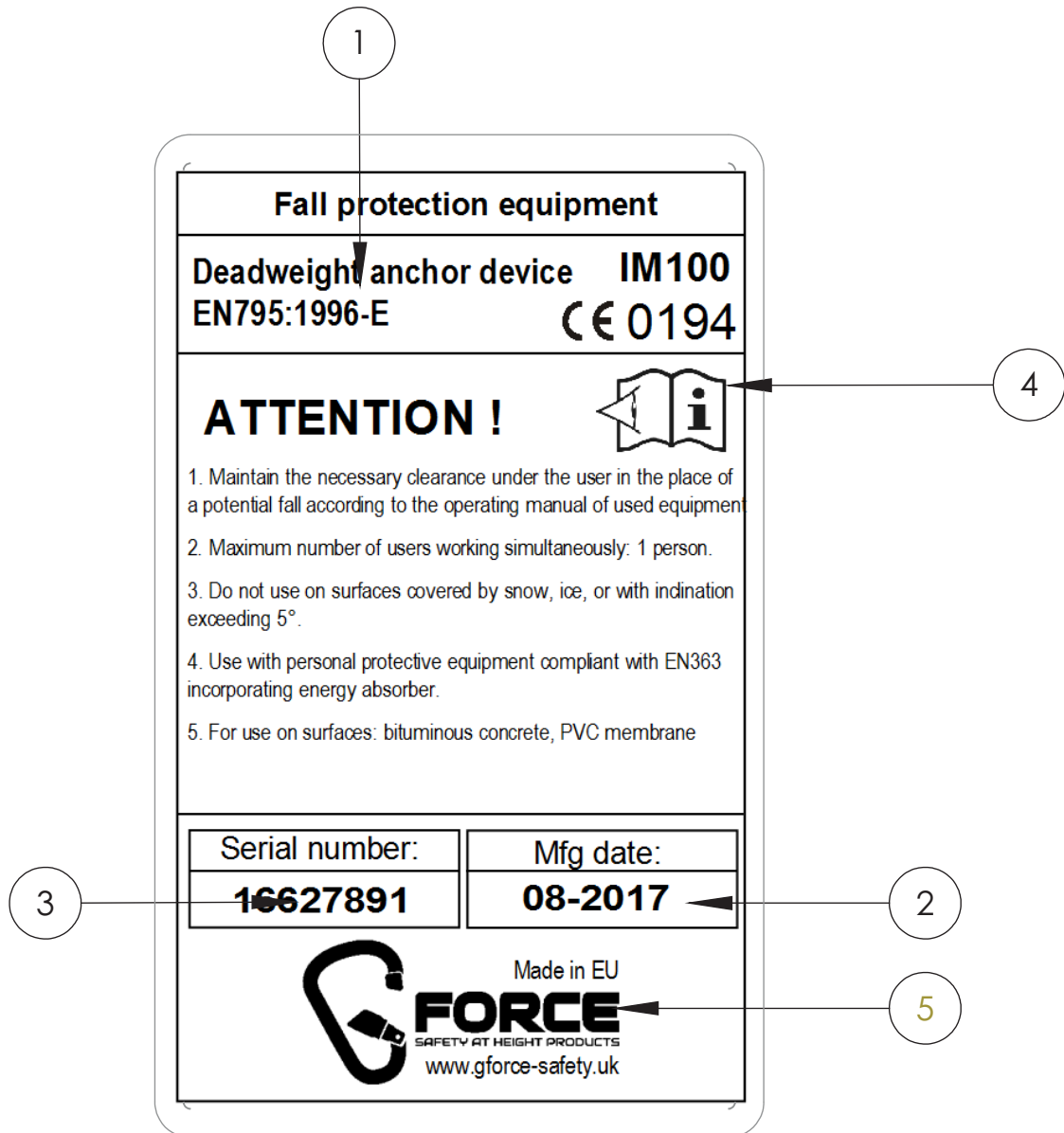
Before starting work with the use of IM 100 mobile man anchor, make sure it is not damaged or unfit for use. For this purpose carry out a general inspection of the device.

In the case of any doubts concerning technical condition of the platform refrain from using it in any works!

To correctly prepare IM 100 mobile man anchor for work follow the recommendations described below in the following order:

1. Choose a proper place for the positioning of IM 100 mobile man anchor, so the radius of the user's reach (determined by the use of the couplers and energy absorbers) covers the entire area of work. Remember that the angle of inclination cannot exceed 5°.
2. Put four steel weight (1) on main cross (3), one steel weight on each side, make sure that surfaces (A) are in contact.
3. Interlock four steel weight (1) with press down screws (4).
4. Slide steel connector (2), one on each side, over main cross (3) and lock its position by press down screws (4). Press down screw (4) restrain steel elements from slide down.
5. Slide other groups of steel weights (1) over steel connectors (2) connected with main cross (3) before.
6. Turn other press down screws (4).
7. Check if each elements are connected properly.
9. Check if each press down screw (4) is turned properly.
10. Check visually, if all components of the IM 100 mobile man anchor are present and their technical condition.
11. Dismantling of the device must be carried out in the reverse sequence, following steps 6, 5, 4, 3, 2.
12. In case of dismantling unscrew only press down screws (4). The rest of the screws must be left tightened.
13. The respective elements of the IM 100 mobile man anchor must be transferred individually.
14. After dismantling, the device must be stored in a cool and dry place.

5. Description of mobile man anchor marking.



1. Name/ type of device
2. Production month and date
3. Serial number of the device
4. Caution: read the instructions
5. Device manufacturer/distributor's symbol

. Main rules for using of the Mobile Man Anchor IM 100

1. The Mobile Man Anchor IM 100 is designed for attaching an personal protective equipment for arresting falls from height.
2. Every user of the Mobile Man Anchor should be familiar with this operating manual. The use of the device contrary to the manual poses a threat to life. This manual should always be available for inspection. Only persons trained in the use of the fall arrest equipment can operate the device.
3. The Mobile Man Anchor IM 100 cannot be used by people whose health condition may affect the safety during normal use and during rescue operations. Prepare a rescue plan, which will be used if necessary.
4. The Mobile Man Anchor can only be used to arrest falls from heights, in accordance with the instructions set out in this manual. In particular, the system cannot be used at work in suspension.
5. Before use ensure about the compatibility of items of equipment assembled into a fall arrest system. It is forbidden to use combinations of items of equipment in which the safe function of any one item is affected by or interferes with the safe function of another.
6. The Operating Sheet is an integral part of this manual. It is used for recording periodic inspections and repairs. The card should be completed and kept with this manual and shall be submitted to the manufacturer or a service technician authorized by the manufacturer at every request. An institution, which utilizes the device is responsible for updating the records in the Operating Sheet. The institution should require that the technicians servicing or repairing the system make the relevant entries in the Operating Sheet.
7. Follow the operating manual of the equipment used along with the Mobile Man Anchor, as referred to in this manual. In addition, follow all general occupational health and safety rules, particularly those, which apply to working at height.
8. After each 12 months of use the IM 100 must be withdrawn from use to carry out periodic inspection. If there are some factors which influe on condition of the device like hard conditions of use, or very often use of the device periodic inspection should be carried out more often. The periodic inspection must be carried out by a qualified person responsible for safety equipment in user's company in accordance with the manufacturer's periodic examination procedures. The periodic inspection can be also carried out by or the manufacturer or his certified representative.
9. The Mobile Man Anchor can be used for 5 years. After 5 years of use the IM 200 must be a subject to detailed manufacturer's inspection. The inspection can be carried out by the device manufacturer or his certified representative only.
10. During this inspection will be established admissible time of the beam clamp use till next manufacturer's inspection.
11. The results of inspections must be recorded in the operational sheet.
12. Before each use, check that the date of the next technical inspection of the system has not expired. After that date, the system cannot be used. Before and after each use, visually check the completeness and the correct technical condition of the device. In case of any defects or shortcomings in the system do not use it. In order to resolve doubts, please contact the manufacturer's or authorized manufacturer's service department.
13. Periodic inspection details:
 - Ensure the system has not been modified/tampered with by unauthorised persons.
 - Check the legibility of the product markings
 - Visually inspect the complete system installation.
 - Check all components for distortion or dents.
 - Check metal plate for distortion or cracks.
 - Look for signs of cracks in metal.
 - Check all the bolts and nuts. Ensure that they are properly tighten.
 - Check for any general corrosion.
 - Check the weights for distortion, cracks or any mechanical damage. Check fixing of steel pad of the weight.
14. It is essential for safety that the Mobile Man Anchor IM 100 should be withdrawn from use immediately if any doubt arise about its conditions for safe use or it have been used to arrest to fall. The device should not be used again until confirmed in writing by a competent person that it is acceptable to do so .
15. Modifying, repairing by unauthorised person or replacing the original components of the system with other parts is forbidden.
16. The IM 100 can be used as a fall arrest system with retractable type fall arresters (EN360), energy absorbers with lanyards (EN355) and guided type fall arresters (EN353-2) G-Force branded.
17. Users intend to combine the IM 200 with retractable type fall arresters or energy absorbing lanyards coming from a different manufacturer must check all potential dangers because these devices haven't been tested together as a complete fall arrest system.
18. Combining any fall arrest personal protective equipment (PPE) with the IM 100 requires from a user checking all requirements and guidances coming from fall arrest PPE manufacturer.
19. It is mandatory to check the clearance under the work place, if there is a risk of a fall, to avoid hitting objects or a surface located below, before the protective equipment to arrests the fall.
20. While using the Mobile Man Anchor IM 100 pay special attention to the dangerous phenomena affecting the operation of protective equipment or safety of the user, in particular: looping and shifting of lanyards on sharp edges, pendular falls, electricity, extreme temperatures, damaging the equipment, adverse weather conditions, chemicals, pollution.
21. This device can not be used in an explosive environment.
22. The device must be transported in the package (e.g.: bag made of moisture-proof textile or cases made of steel or plastic) to protect it against damage or moisture.
23. The device must be cleaned and disinfected in order to avoid damaging the material (raw material) it is made of. It can be cleaned manually. Plastic and rubber elements can only be cleaned with water. Equipment which becomes wet during cleaning or while in operation must be carefully dried in natural conditions, away from heat sources. Metal parts and mechanisms (springs, hinges, catches etc.) can be periodically greased in order to improve their operation.
24. The device should be stored in loose packaging in well-ventilated dry rooms and protected against the impact of light, UV radiation, dust, sharp objects, extreme temperatures and caustic substances.
25. It is essential for the safety of the user that if the product is re-sold outside the original country of destination the reseller shall provide user's instructions in the language of the country in which the product is to be used.

7. Mobile man anchor operation sheet.

| O P E R A T I N G S H E E T | | | | | |
|-------------------------------|-------------------|---------------------|--|---------------|--------|
| Device name | Mobile Man Anchor | | | Type | IM 200 |
| Serial number | | Date of manufacture | | Purchase date | |
| Date first put into use | | User's name | | | |

| I N S P E C T I O N A N D R E P A I R R E C O R D S H E E T | | | | | |
|---------------------------------------------------------------------|------|---------------------------------|---------------------------------|--------------------------------------|--------------------------------|
| | Date | Reason for inspection or repair | Identified damage, repair, etc. | Next due date of periodic inspection | Inspector's name and signature |
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |
| 9 | | | | | |
| 10 | | | | | |
| 11 | | | | | |
| 12 | | | | | |



SafetyLiftingGear.com
 Unit R1D Rockingham Gate
 Poplar Way West Cabot Park
 Bristol BS11 0YW
 Tel: 0808 123 69 69 Fax: 0117 9381 602
 sales@safetyliftinggear.com